

Nip! Tuck! Freeze! Hollywood's MOST EXTREME New Surgery Trends REVEALED -- Who Zaps Their Gap, Eats Worms & Is Held Together With String?

Radaronline.com



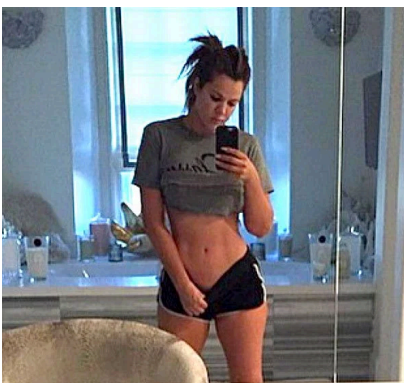
Getty Images

Not surprisingly, Momager Kris Jenner is the poster girl for Puppet Facelifts. The procedure uses needles to pull pieces of string through the skin and cheek muscles to lift and secure the face. But **Dr. Lyle Back, a plastic surgeon based in Philadelphia**, said he's sew-sew about the procedure. "The sutures can be seen and felt – forever," he explained.



instagram/@lindsaylohan

Deep-freezing themselves to fight aging! Subjects stand in a deep-freeze chamber, where the temp is a frosty 238 degrees below zero, and get blasted by nitrogen gas. The polar process is said to stimulate collagen production, boost metabolism, reduce wrinkles and melt fat at a whopping 800 calories a session! Lindsay Lohan, 29, documented her cryotherapy treatment several times captioning one pic, "CryoYourMind #ZimmerIceLab I'm at it again!!"



instagram/@khloekardashian

Celebs who want to get a leg up on thunder thighs go to the doc's office and feel the burn. "This sounds scary, but it's actually a completely simple, easy office procedure – and it really, really works!" said Dr. Back.