

INTOUCH

bodynews

WHAT HAPPENED TO THEIR HANDS?!

Wrinkles, veins and cracks ... oh, my!
These stars' hands are aging faster than the rest of their bodies



◀ SHE'S SO VEIN
Madonna has "low body fat, creating a veiny, tenony look to her hands and forearms," says Philadelphia plastic surgeon Dr. Lyle Back. She seems to know her hands make her look older: She often wears gloves!

REAL AGE
56
HANDS AGE
63

TOO MUCH SUN

Katie Holmes, 36, says she wears sunscreen every day, but it seems she missed two spots: her hands! "You should moisturize and use sunblock on the back of your hands every day," advises Dr. Luis Navarro, medical director of the Vein Treatment Center in NYC.

REAL AGE
36
HANDS AGE
45



REAL AGE
50
HANDS AGE
60



FILL HER UP!

Plastic surgery-obsessed Kris Jenner seems to have forgotten one body part. "A face-lift turned the clock back for her face," says Dr. Back, "but fat injections would really help her wrinkled hands."

REAL AGE
59
HANDS AGE
67

No wrinkles here!

◀ BULGING VESSELS

"I love my hands," defends Sarah Jessica Parker, adding that they've always been "super veiny." The star has no plans to go under the knife, but NYC-based plastic surgeon Dr. Norman Rowe says hand rejuvenation surgeries — like hand lifts and fat transfers — are gaining popularity: "I perform between five and 10 a week."



REAL AGE
39
HANDS AGE
46

THE TOO-THIN EFFECT

Angelina Jolie has gotten scary-skinny in recent years, which affects her hands and forearms, too. "Because of her consistently low body fat, her hands have lost their fullness," explains Dr. Back.



CRACKED OUT

"Dry skin appears to be the issue here," explains New Jersey-based dermatologist Dr. Rebecca Baxt of Chloe Sevigny's overly wrinkled fingers. The doc's advice for the *American Horror Story* star? "Moisturize like crazy."

REAL AGE
40
HANDS AGE
65



ONE SMALL FLAW

Kirstie Alley looks amazing at 64 — for the most part. "Women tend to take better care of their faces," says Dr. Baxt, "then have accelerated aging in the hands or chest area due to neglect."

REAL AGE
64
HANDS AGE
70

